



PRODUCT INFORMATION
CLIMBING ROPES (PAGE 1 OF 2)
READ THIS DOCUMENT AND ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION THOROUGHLY BEFORE INSTALLING, USING OR PERMITTING USE OF THIS EQUIPMENT. REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING, ASSISTING OR COACHING OTHERS IN THE USE OF THIS PRODUCT, TO READ THIS DOCUMENT THOROUGHLY BEFORE AUTHORIZING THEM TO ENGAGE IN THOSE OR RELATED ACTIVITIES.

Climbing ropes are popular standard gymnasium equipment and a great tool for developing overall physical fitness, upper arm/shoulder strength, grip and arm coordination skills required in wrestling, gymnastics and other sports. They enable students to set goals and progress at their own skill level. These ropes are intended for indoor use and should NEVER be used outdoors.

NOTE: Ropes must be inspected for signs of wear or other weakness and MUST be replaced should either be detected. Climbing ropes are intended for vertical ascent and descent climbing only. At no time should any "swinging" take place. Hardware and rope inspection should take place before and after each use. Destroy retired ropes to avoid possible misuse.*

INSTALLATION*

Climbing ropes must be hung from structurally safe framework capable of exceeding maximum load placed on rope. Most beam and ceiling framework in institutional buildings meet this criterion; always confirm this with your building plans and/or facility engineer. Climbing areas must be adequately matted and have a thick landing mat directly under rope.

Ropes should be long enough so that at least 42 " of rope is on floor. Measure distance from floor to overhead girder and add 3' 6" after making allowance for beam clamp.

Locate climbing ropes no further from wall than their actual length to permit installation of a pulley high enough on wall that rope can be pulled up, over and out of the way when not in use. Do not locate ropes so close to wall that other objects on wall interfere with proper spotting and supervision. Prevent undue wear by situating each rope to prevent it from contacting or rubbing against other ropes and/or wall-mounted objects

** See inspection and installation diagrams on Page 2.*

SPOTTING & SUPERVISION

Everyone can enjoy experiencing the dynamics of rope climbing. There are important considerations before and during use of rope that only supervisors and/or experienced physical educators can determine. Never permit rope use without a spotter. Correct spotting must always be provided regardless of age/skill levels. Spotter must hold rope if necessary, ensure secure footholds and ascertain climbing area is sufficiently padded. Rope activities selection must be tailored to age/skill level and height limits set accordingly. All climbers must descend to floor before dismounting. Spotters must ensure users do not swing, ump or drop off rope. Users should never be permitted to climb high enough to access ceiling hardware. Never permit more than one user per rope.

⚠ IMPORTANT CONSUMER PRODUCT HAZARD WARNING — PLEASE READ!

Serious injury (including paralysis or death) could result from any activity involving motion, rotation, and/or height. All users of this equipment assume the risk of serious injury. Mats, pits, and padding cannot and do not eliminate hazards. This product should be used ONLY by properly trained and qualified participants under the supervision of a trained professional instructor. Do not allow use without proper supervision. Do not use a mat with tears, evidence of flattening, and/or other defects. Do not use apparatus with damaged, worn, and/or missing parts. Check for proper positioning of mats and apparatus before each use. Replace this label if it becomes damaged or illegible. This is not a toy.

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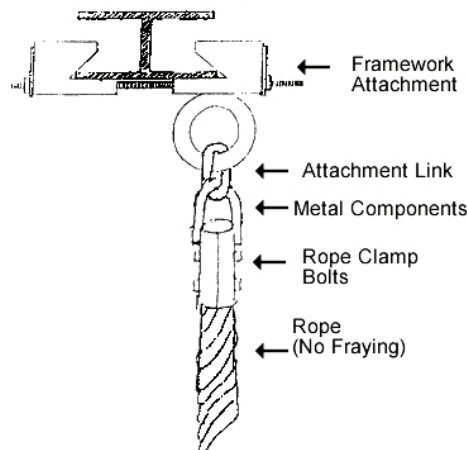
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SPOTTING EXAMPLE	ROPE LENGTH & CLAMP TYPES

INSPECTION POINTS

All Should Be Tight & Show No Signs of Wear



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