

**Our Rotator Twisting Belts are **GUARANTEED FOR 1 YEAR** from the date of invoice against faulty manufacturing or defects in materials.**

**PRODUCT INFORMATION/ /HAZARD ALERT/CARE TIPS**  
**G-016, G-017, G-018 ROTATOR TWISTING BELT**

**READ THIS DOCUMENT AND ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION THOROUGHLY BEFORE INSTALLING, USING OR PERMITTING USE OF THIS EQUIPMENT. REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING OR COACHING USERS, ASSISTING USERS AND/OR SPOTTING USERS TO READ THIS DOCUMENT THOROUGHLY BEFORE YOU AUTHORIZE EQUIPMENT TO BE UTILIZED FOR ANY PURPOSE.**

Congratulations on purchasing an Original Rotator Twisting Belt. We are confident you will find it a very useful training device. Here are vital hazard warnings, important product information as well as maintenance instructions for getting the most from your new Rotator Twisting Belt.

**This product is intended solely as a coaching/training/spottting assist device and, as such, should never be used to suspend users longer than a few SECONDS at a time. It is neither designed NOR intended to withstand the stress of extended or static suspension, and is not appropriate for use by professional acrobats or other performers unless for training purposes. This is NOT an acrobatic harness.**

1. **This product is intended for use ONLY by properly trained and qualified participants.**
2. **Use without proper supervision is DANGEROUS and should NEVER be undertaken or permitted.**
3. Cast metal ring components are strong but susceptible to severe damage upon impact with floors, walls and other hard surfaces. **NEVER drop or throw your Twisting Belt; be sure it's stored securely when not in use.**
4. Twisting Belts are not field serviceable and no parts are made available to the public. If your Belt needs repair or service, please contact us.
5. **Do NOT modify or alter this product in any way.**
6. Twisting Belts - and similar devices - are generally attached to overhead suspension systems with cable or rope controlled by spotters who literally hold users' lives in their hands. Users and spotters are responsible for inspecting Twisting Belt and all its components immediately prior to each spot, including (but not limited to) the following:
  - a. Carefully check complete Belt assembly and all components for any sign of damage, wear, loose or missing parts, binding and all other indications of potential failure. **If there's any question as to condition of Belt or components DO NOT USE!**
  - b. Inspect and test all connections to cables/ropes between spotting rig and Belt.
  - c. Ensure cast metal ring spins freely and is not bent, dented, out of round, or cracked from having been dropped or falling on floor, etc.
  - d. Test whether Inner fabric belt turns freely by pulling it through several rotations.
  - e. Determine whether clips are securely riveted to cast metal ring Check shock cord and rings through which cord is laced for signs of wear.
  - f. Be sure buckle latches securely.
7. **SIZING!** - We no longer give waist sizes for each belt. Regardless of gymnast's waist size the inner belt ring must fit over his or her hips. Please refer to ring diameter measurements provided in item sales brochures and compare to gymnast's hip width to determine correct size. **USING THE INCORRECT SIZE BELTS IS DANGEROUS!**
8. Slip Twisting Belt on and adjust inner fabric Belt tightly enough to prevent slippage and fasten buckle securely.
9. **NEVER** use a Belt that doesn't properly fit user or cannot be tightened snugly around user's waist.
10. Ask gymnast if Twisting Belt fits snugly and comfortably
11. Prior to each spot, re-confirm with gymnast Belt is properly and comfortably secured.
12. After confirming gymnast's comfort, test Rotator Twisting Belt by slowly and steadily lifting gymnast
13. If your belt does not spin freely AND—after careful inspection—you're certain cast metal ring is not bent,warped, dented, cracked or otherwise damaged or overly worn, you may try lubricating bearing race using graphite. **DO NOT USE GREASE OR OIL!**
  - a. Apply graphite to bearings through slot between inner and outer rings.
  - b. If belt still does not spin freely, immediately discontinue use and contact us for instructions.



**IMPORTANT CONSUMER PRODUCT HAZARD WARNING — PLEASE READ!**

A possibility of serious injury, including paralysis or death, is inherent in any activity involving motion or height. Equipment with which this notice is included is intended for use only by properly trained, qualified persons under supervised conditions. Use without proper supervision is dangerous and should not be undertaken or permitted. Know your limitations as well as the limitations of your equipment. Consult a qualified instructor before attempting any new activity or skill. This equipment must be used with proper mats, spotting equipment and qualified spotters for each activity or skill. Use this equipment only for its intended purpose. Do not modify equipment in any way. Inspect each component for damage, loose fittings or signs of wear before each use. Do not use if you have any concern as to the condition of this equipment. Test unit for stability prior to each use. Do not use if you have any concern about the stability, condition or suitability of this equipment. Inspect warning labels and replace when marred or damaged. Before each subsequent use, re-check equipment stability and settings.