



POWER INCLINE CONSUMER HAZARD NOTICE

G-255 POWER INCLINE 2.0

READ THIS DOCUMENT AND ALL OTHER ACCOMPANYING PRODUCT DOCUMENTATION THOROUGHLY BEFORE INSTALLING, USING OR PERMITTING USE OF THIS EQUIPMENT. REQUIRE ALL PERSONS INTENDING TO USE THIS EQUIPMENT, AS WELL AS THOSE INSTRUCTING, ASSISTING OR COACHING PERSONS IN THE USE OF THIS PRODUCT, TO READ THIS DOCUMENT THOROUGHLY BEFORE PERMITTING THOSE OR RELATED ACTIVITIES.

Any activity involving height and/or motion entails a risk of serious injury including paralysis as well as death. No mat can provide protection from this danger should you land on your head, neck or other vulnerable area of the body. Know your own limitations as well as those of the equipment you use.

Power Incline is intended for use only by properly trained and qualified individuals under the supervision of a trained instructor. Use without proper supervision should never be undertaken nor permitted.

Always check Power Incline for wear & inspect thoroughly before each use. Check for cracks in frame and welds where springs attach to frame. Check for wear or tears where springs attach to incline bed. Check that rubber feet are in good condition and not missing. Replace worn or broken parts before using.

Before each use, check to ensure Power Incline is properly positioned on a firm level surface in a well lit location.

Before each use, check to ensure bed is dry.

Before each use, check to ensure frame pads and landing mats are in good condition and properly attached and positioned.

While using Power Incline, recheck periodically to ensure tramp, frame pads and landing mats are attached and positioned properly.

An overhead suspension, safety harness and a qualified spotter must be used when attempting new or difficult skills. Always consult your instructor before trying any new maneuver.

New maneuvers must be learned/taught in proper progression by a qualified, trained instructor.

Wear proper attire when using Power Incline.

Do not engage in or permit any horseplay at any time on or around Power Incline.



IMPORTANT CONSUMER PRODUCT HAZARD WARNING — PLEASE READ!

Serious injury (including paralysis or death) could result from any activity involving motion, rotation, and/or height. All users of this equipment assume the risk of serious injury. Mats, pits, and padding cannot and do not eliminate hazards. This product should be used **ONLY** by properly trained and qualified participants under the supervision of a trained professional instructor. Do not allow use without proper supervision. Do not use a mat with tears, evidence of flattening, and/or other defects. Do not use apparatus with damaged, worn, and/or missing parts. Check for proper positioning of mats and apparatus before each use. Replace this label if it becomes damaged or illegible. This is not a toy.

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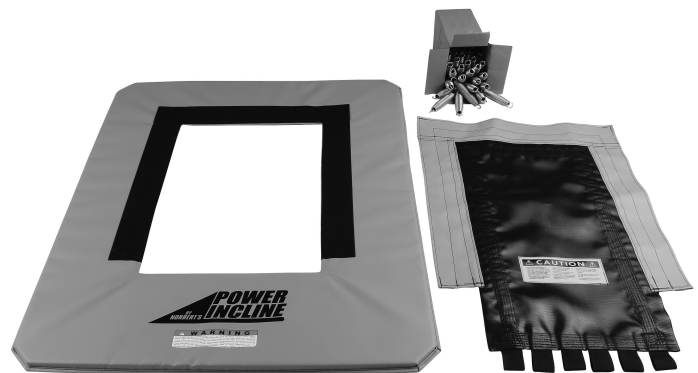
PARTS

- 4 Frame pieces (top, bottom, left and right)
- Bed hinge pin

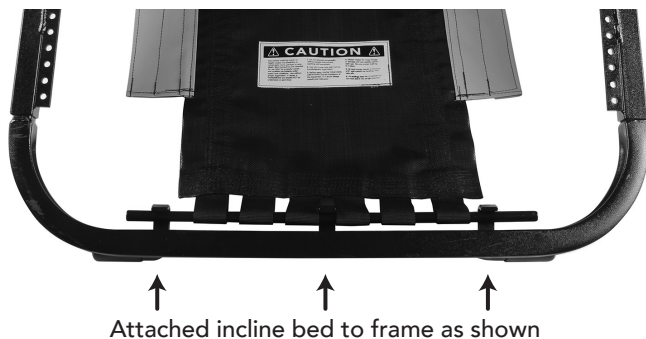


PARTS

- Frame pad
- Box of springs (56 count)
- Incline bed with hook and loop connector flaps



STEP 1: Attached the four sections of the frame (two side pieces to top and bottom).



STEP 2: Slide the hinge pin through the 6 loops attached to the incline bed.

STEP 3: With the Incline bed facing up (yellow caution label facing up) attach the bed to the frame by hooking the hinge pin to the 3 hooks at the bottom of the frame as shown.



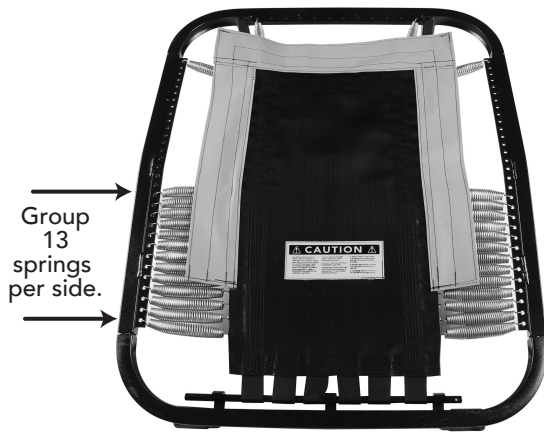
STEP 4: Fold the hook and loop connector flaps to expose where springs attached to bed. Then attach the first six springs at each corner of the bed. This will hold bed in place while attaching the rest of the springs.



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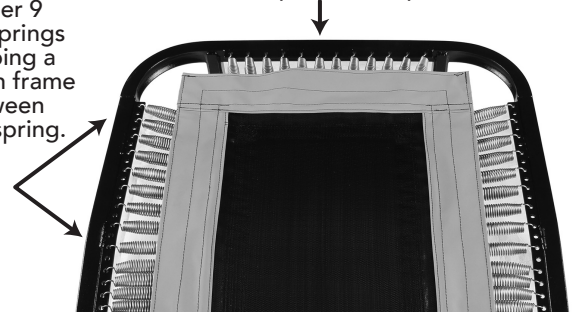
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STEP 5: Next install 12 more springs on the bottom of each side making sure not to skip any holes on the frame. When complete there will be 13 springs grouped together on each side.

STEP 6: Install upper 9 side springs skipping a hole on frame between each spring.

STEP 7: Install final 10 springs to top of frame.



STEP 6: Next install 8 more springs to the upper left and right sides. **IMPORTANT:** These 9 upper springs need to skip a hole on the frame so springs are spaced apart.

STEP 7: Next install the 10 remaining springs to the top of the frame.



Incline bed should now look like example shown.



STEP 8: Lay the frame pad over the springs and unfold the hook and loop connector flaps that are attached to the bed. The flaps should line up securing the pad tightly.

If you have any questions, or need help assembling your new product, please call us at (800) 779-1904.

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