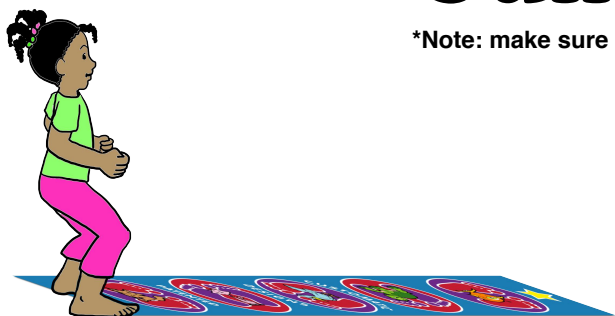


Jump $\frac{1}{4}$ Turn

*Note: make sure child bends knees both jumping and landing.



1. Begin on the starting star. Bend knees, jump to first set of feet. Teacher can direct child to jump to each animal.



2. Teacher can point to show how the feet on the mat turn. Have child bend knees and jump to the first set of feet. Bend knees while landing.



3. Jump and do $\frac{1}{4}$ turn to the next set of feet. Make sure they turn the same direction with every jump.



4. Continue jumping along the mat until completed. Then, go the opposite direction.

Warning: All mats and skills should only be used with adult supervision.