

IMPORTANT USER INFORMATION - PLEASE READ



BLOCK & BLAST VAULT SYSTEM™

⚠ WARNING

BEFORE EACH USE

- Make sure main block is securely strapped to vault table base.
- Make sure spacer block is properly positioned between block and vault.
- Check stability and positioning of system.
- Never use without appropriate matting in place.

Follow all additional rules and warnings on product warning label.

Questions or concerns? Stop use immediately and contact supplier.

⚠ WARNING

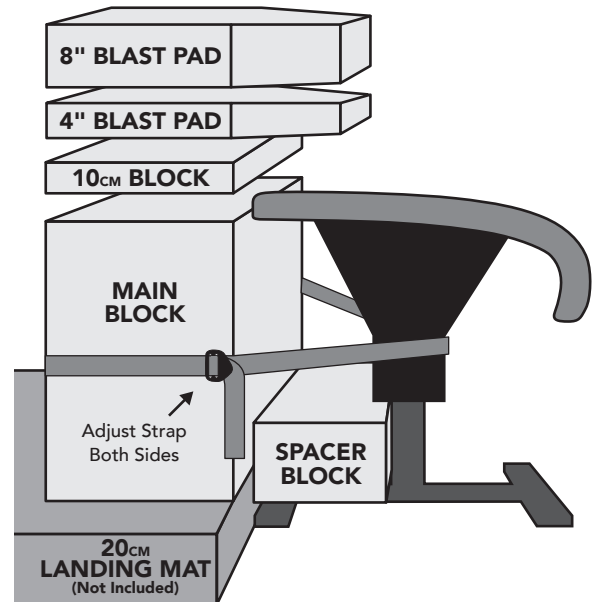
Any activity involving motion or height creates the possibility of landing or falling on the head or neck. Serious injury, including permanent paralysis or death, can result. This mat cannot eliminate this hazard entirely. It should be used ONLY by properly trained and qualified participants under the supervision of a trained professional instructor. Do not allow use of this mat without proper supervision. Consult the instructor before use. Do not use a mat with tears, evidence of flattening, or other defects. Check for proper positioning of mat before each use. Replace this label if it becomes damaged or illegible.

THE PARTS (Standard Set, 5pc.)

The Block & Blast Vault System™ contains the following five (5) items:

1. One Main Block (95cm) with 108" long strap for securing main block to vault table.
2. One Spacer Block to be positioned between the Main Block and the base of the vault table.
3. One 10cm Adjustment Block.
4. One 4" Blast Pad.
5. One 8" Blast Pad.

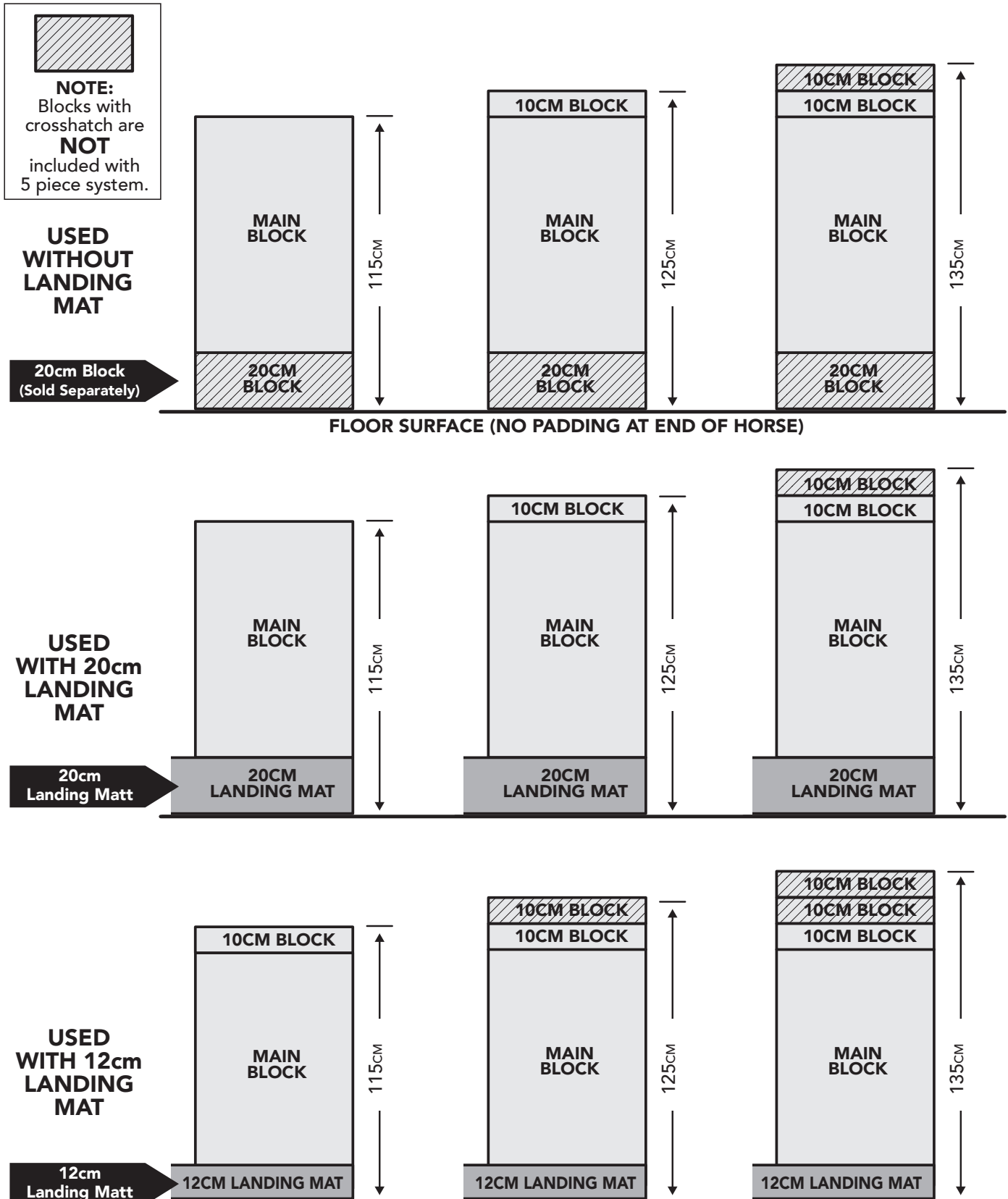
PLEASE NOTE: Some of the illustrations on this instruction sheet uses more than one of the five base items included in this system. If you require any additional blocks or pads to achieve the height(s) you desire, then additional equipment should be purchased at additional cost.



HOW TO SET 115cm, 125cm and 135cm BASE HEIGHTS

The Block & Blast Vault System™ was designed to be used on top of either 12cm or 20cm landing mats.

To use this system directly on the floor without landing mats, an optional 20cm Booster Block can be purchased. Please refer to the illustrations below to achieve desired height requirements.



Questions? Call or email Norbert's at (800) 779-1904 or info@norberts.com